



## ACTIVITY 4

# ID.3.4.1. Commitment in community

Module 3. Participation and engagement  
of people with intellectual disabilities  
at the community level.

This project has been funded with support from the European  
Commission.

This publication [communication] reflects the views only of  
the author, and the Commission cannot be held responsible  
for any use which may be made of the information contained  
therein.

# Respect means



- Respect each other.
- Listen each other.
- Learn from each other.
- Recognize everyone strengths.
- Communicate open and honestly.

# Respect means



- Affirm people's opinions.
- Disagree respectfully.
- Apologize when you're wrong.
- Call out disrespectful behavior.
- Show gratitude.
- Compliment the achievements of others.

# Listen each other



- Listen what others are saying.
- Try to understand what it means.
- Stop interrupting.
- Look how a person feels.

# Learn from each other



We learn from other people by observing them and relating to them.

When you learn from other people you learn what they are like and how they behave.

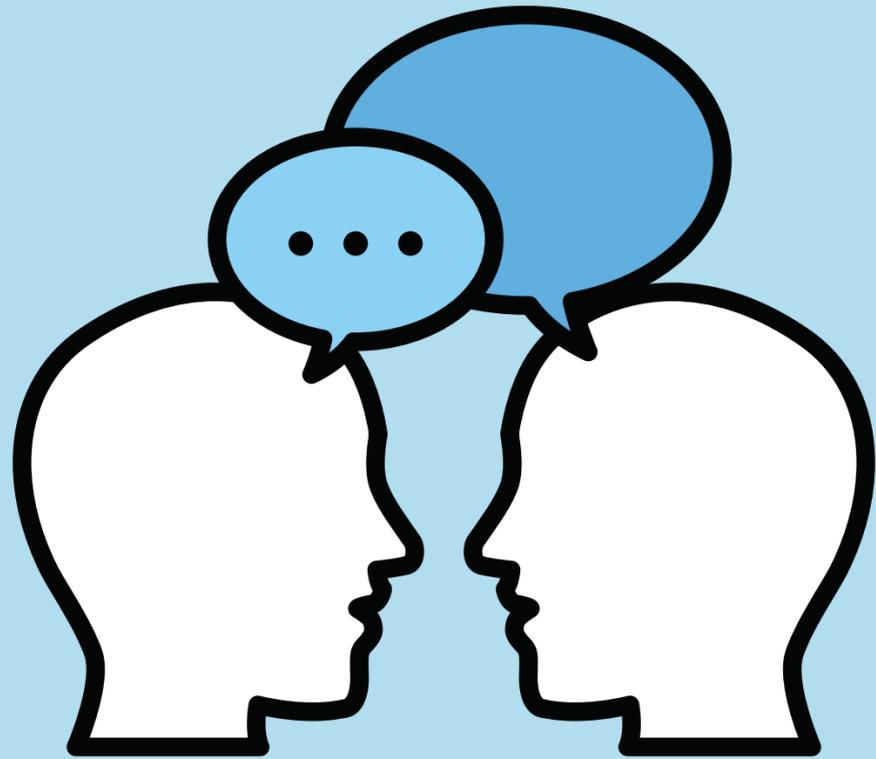
# Recognize everyone strengths

Everyone can have:

- Enthusiasm.
- Trustworthiness.
- Creativity.
- Discipline.
- Patience.
- Respectfulness.



# Communicate openly and honestly



We communicate polite  
when others are not afraid  
to speak as well.

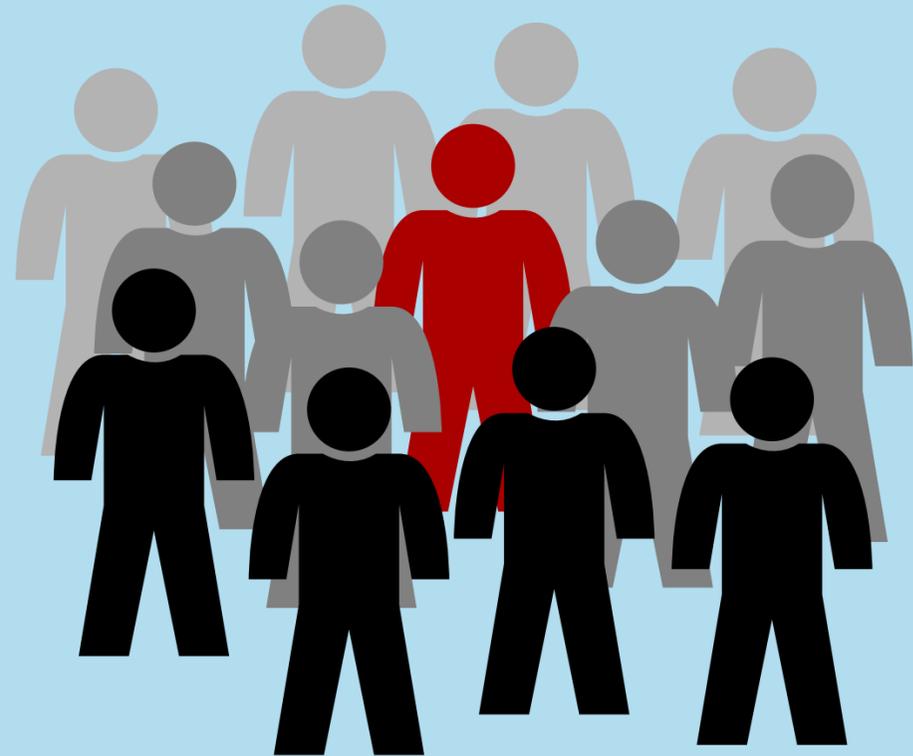
Anyone can politely tell  
if they think otherwise.

# Barriers of participation and community engagement



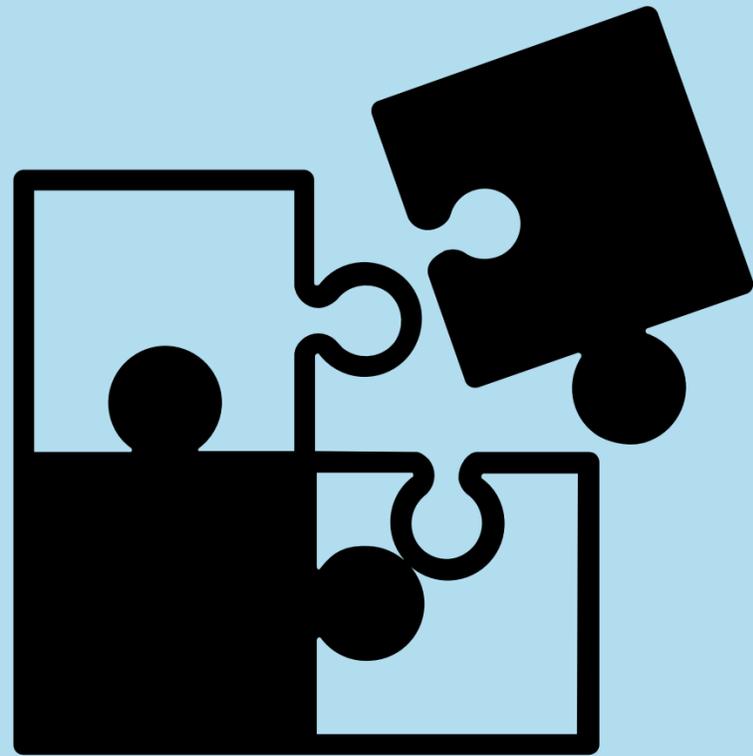
# These barriers are:

## 1. Approach.



When people are treated differently  
on the basis of their differences

# These barriers are:



2. Organizational or systemic.

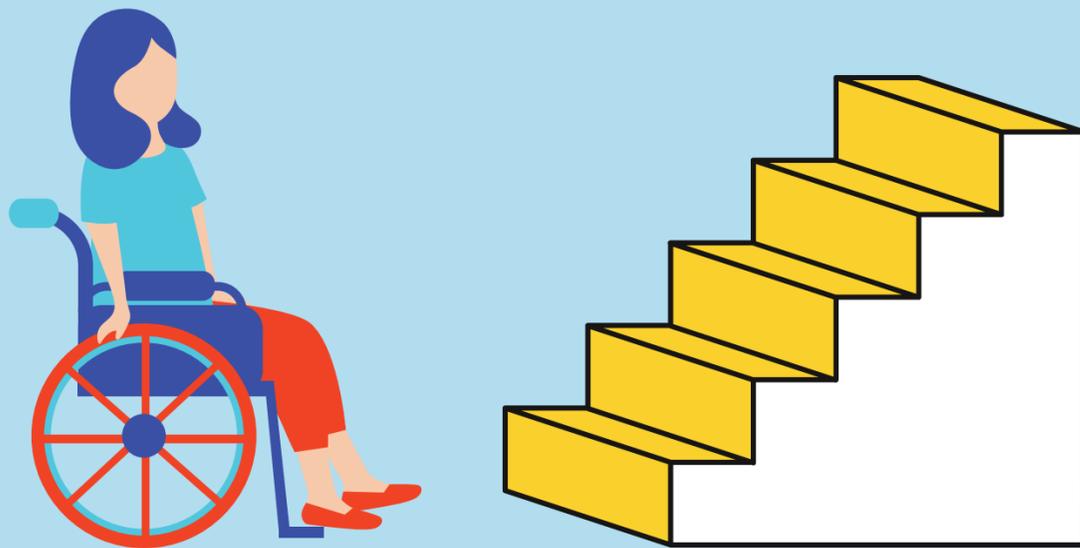
Rules or practices that unfairly discriminate.

These rules prevent all people from fully participating in the community.

# These barriers are:

## 3. Architectural or physical.

When all people cannot go where they need to go because of barriers in staircases, doorways or lack of accessibility in buildings.

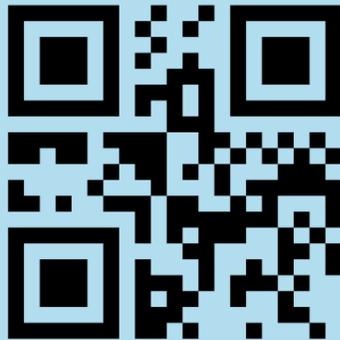


# These barriers are:



4. Information or communications.

When people are cannot get information  
in an accessible and easy way.



# These barriers are:



## 5. Technology.

When people cannot get information in a way that is accessible to them.

# Benefits of participation and community engagement



# Promotes sense of belonging



# Better health and well-being



# Set goals and improve skills



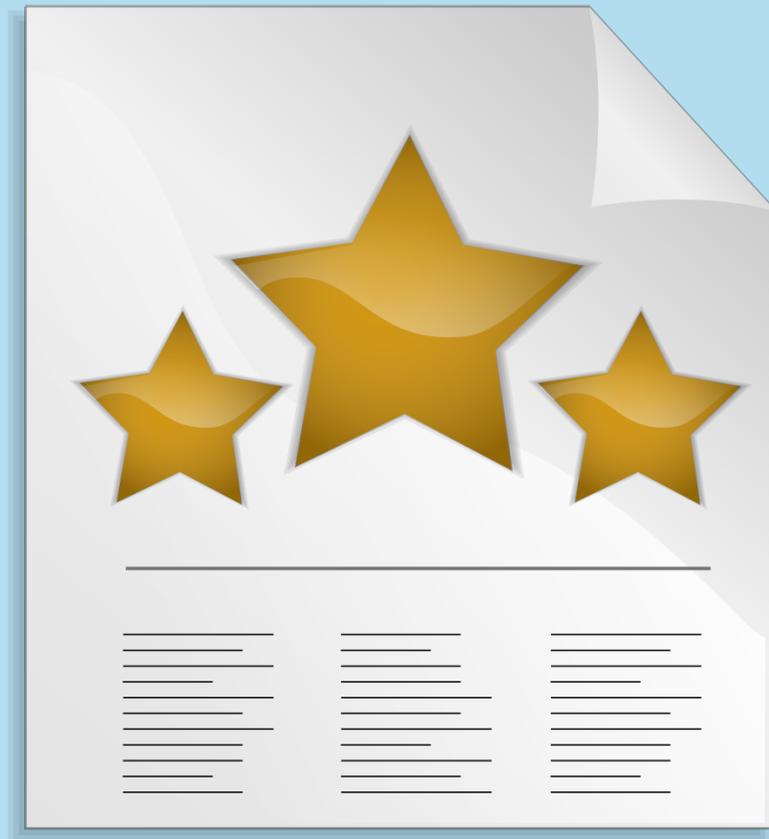
**Gives purpose  
and sense of contribution**



# Adapt and develop new skills



# Acceptance and recognition



# Increases social networks

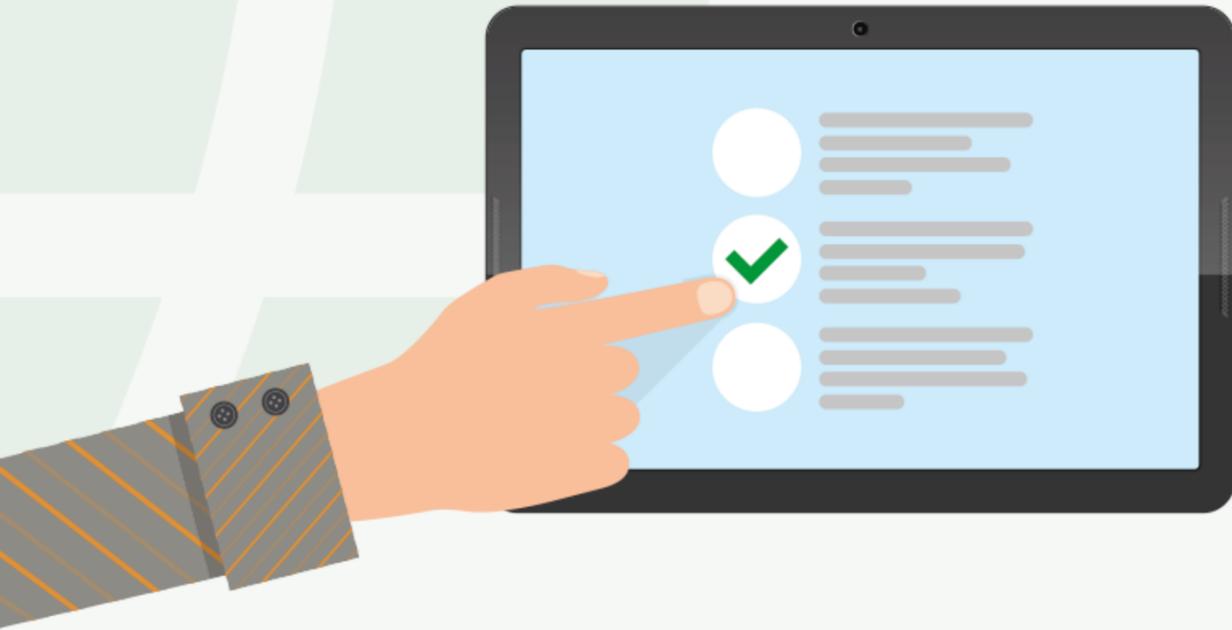


# Enhances social support



# All will work on being welcoming





Rights and technologies,  
united by citizen participation

THANK YOU  
FOR YOUR ATTENTION